



VIRGINIA HEART

Excellence in Cardiovascular Care

DO YOU HAVE PERIPHERAL ARTERIAL DISEASE?

Peripheral arterial disease (PAD) is a common circulation problem in which the blood vessels, which carry blood to the legs, arms, brain, and vital organs, become narrow or clogged, often leading to serious disability.

PAD can be diagnosed with simple noninvasive tests in our office. PAD can be treated with medications, same-day balloon and stent procedures, or sometimes require surgery.

Please answer the following questions to determine if you have PAD:

- Do you experience aching, cramping, heaviness, or pain in your arms, feet, legs, thighs, or buttocks with walking or exercise?**
- Do you have painful sores or ulcers on your legs or feet that are slow to heal?**
- Do you have diabetes, high blood pressure, or high cholesterol?**
- Are you over the age of 65 and a current or former smoker?**
- Have you ever experienced temporary loss of vision in one eye, slurred speech, or weakness or numbness in one arm or leg?**
- Have you ever had a procedure to treat a blockage in a blood vessel in your heart, leg, or aorta?**
- Do you have any family history of enlargement, aneurysm, or rupture of the aorta?**

If you answered yes to any of these questions, you may be a candidate for evaluation by our vascular specialty team.

Name: _____

Date of Birth: _____